



**SESSION
PLAN**

Club West-Mont USA Session 6 Date _____

Session Title U5 PASSING 2

Objectives _____

PHASE and ACTIVITY	DIAGRAM	TIME	COACHING POINTS
<p>STUCK IN THE MUD Every player has a ball. If the coach touches your ball you're stuck in the mud. Legs of player to make tunnel. To be freed, another player must pass ball through their legs.</p> <p>Have 2 players be Mud Monsters who have to try and pass their ball at other players to get them stuck in Mud</p>		<p>15</p>	<p>Points Use the inside of foot to pass</p>
<p>SCRIMMAGE</p> <p>Try playing with 4 goals. Players scoring on any goal. Again ball each and have parents in as GK.</p> <p>CELEBRATION</p> <p>Pinnie over their head</p>			